## ocial M Nedia Notes for parents and carers:

Helping your child to communicate in a respectful way online is important so that they:

- \* make positive contributions
- \* experience being part of online communities
- \* understand the responsibility they have for the well-being of others

This activity is a great way to start regular conversations with your child on the importance of being respectful online.

## Activities:

Whilst you should be 13+ to have an account on most social media sites such as Instagram, Snapchat and TikTok, there are still lots of other ways to chat with your friends online such as chat and messages within games and Apps, emails and direct messages.

When chatting with your friends online, remember to ask yourself, am I being kind? We all make mistakes and sometimes we wish we hadn't typed or written or received a particular message. If we keep this question in our minds, it will help us to avoid these mistakes.

To encourage your friends and other children around the world to be safer and more respectful online, your challenge is to create a logo or design for a t-shirt to promote being kind online.

Things to include:

Eye catching graphics

Create a slogan e.g. 2. "It's cool to be kind"

Important information, such as helplines or useful websites to help your friends



## Further challenge:

Maybe you could use an old t-shirt to make your very own design come to life.

You could use fabric paints, pens or even test your sewing skills. Make sure you check with your parents or carers first!





