



Residential Visit YHA Danywenallt National Park Study Centre Personal kit list



For your enjoyment and safety please ensure you bring the following:

Essential Kit List		✓
Medicines	Any medicines you need, including asthma inhalers and refills	
Clothes	You will need 3 complete changes of clothes. Preferably old clothes as they may get wet and dirty!	
	You need multiple layers of clothing, enough for 4 layers on top, so bring warm jumpers, long sleeves T-shirt, T-shirts, sweatshirts and fleece tops.	
	Warm trousers like tracksuit bottoms, joggers or leggings. Jeans are not suitable.	
	Hat, gloves and scarf – even in summer!	
	Plenty of socks to wear, thick and thin	
	Sun hat (May to October)	
Footwear	You will need to bring a couple of changes of footwear, as they will get wet and muddy. Bring a pair of walking boots or strong shoes with a good grip to cope with the rough ground. They must be comfortable and support your ankle.	
	Wellington boots	
	Trainers	
	Indoor shoes or slippers	
Toiletries	Toothbrushes and toothpaste	
	Soap and flannel	
	Shampoo	
	Towels	
	Sun block/lotion (May to October)	
Rucksack	Insect repellent (May to October)	
	You will need a rucksack that is big enough to put your lunch, drink bottle, waterproofs and spare jumper in. Please make sure that, for comfort, the rucksack has two broad straps.	
	Bin liners to line your rucksack and to put wet things in. 1 litre plastic bottle-large enough to last you all day!!	
Optional	Shorts (May to October)	
Useful	Camera and film	
	Torch (essential if mammal trapping after dark!)	

Please note:

- The Centre supplies a full set of waterproofs for each child.
- The Centre can accept no responsibility for valuables.
- **There is a walk of about 700 metres from the coach drop-off point to Danywenallt and children will need to carry their luggage. Please pack as lightly as possible in a rucksack or suitcase with wheels.**