



Healthy, Confident Individuals at Oystermouth are ready to lead fulfilling lives as valued members of society



I am learning to
express what I
believe in.



I try to be independent
and do things for myself.



I know who to go
to if I need help
to stay safe.



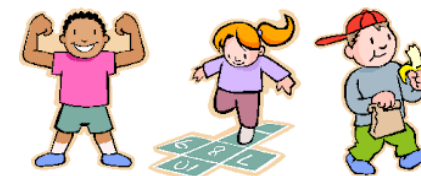
I make friends and
respect other people.



I can perform in front of
other people.



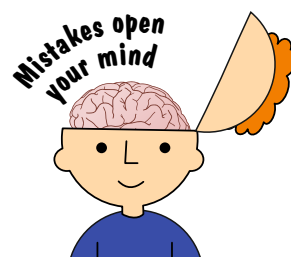
I know how to stay fit,
have a healthy diet and
lead an active life.



I am becoming more confident
when facing and overcoming
challenges.



I learn from my
mistakes.



Make one today!

I take
sensible risks.

